

# OUR CODE OF CONDUCT

## Lanark Tennis Club

### CHILDREN

Code of Conduct for children and young people

#### ESSENTIALS

##### STAY SAFE

Keep yourself safe in the Club, listening to your coach or volunteer, behave responsibly and speak out when something isn't right.

##### ARRIVE PREPARED

Always bring the correct kit and plenty of water for on court breaks

##### STAY SEEN

When you are at the Club, stay in places where we can see you and don't wander off

##### NO SMOKING OR ALCOHOL

No smoking or consumption of alcohol is allowed at any point during your time at the Club

#### BEHAVIOUR

##### NO BULLYING

Report any incidents of bullying, including homophobia and transphobia to a coach or club welfare officer

##### HAVE FUN

Make our club a welcoming and friendly environment. Play tennis by the rules and have fun

##### SHOW RESPECT

Respect all our coaches, volunteers, and club members

##### CELEBRATE DIFFERENCES

Respect and celebrate differences in our club and do not discriminate against anyone on the grounds of gender, race, sexual orientation or ability

### PARENTS

Code of Conduct for parents and carers

#### ESSENTIALS

Make sure your child has the appropriate kit for the lesson, as well as enough food and drink

Please make sure your child arrives on time for the lesson and is picked up promptly, or let the coach know if you're running late or of your child is going home with someone else

Keep all contact information and medical records updated

Maintain a good relationship with coaches and volunteers at the club Talk to us if you have any concerns – we welcome any feedback

**Note: the term 'children' or 'child' refers to a young person under the age of 18. For more information, please contact our Welfare Officer at: [welfareLTC@gmail.com](mailto:welfareLTC@gmail.com)**

### COACHES

Code of Conduct for coaches and volunteers

#### ESSENTIALS

To implement our safeguarding policies and procedures

Report any concerns to our welfare officer

Listen to any concerns that parents or any young person may have

Use constructive training methods to develop children's abilities across all coaching programmes

Respect your position of trust and maintain appropriate boundaries and relationships with young people

Make sure all equipment at the club is fit for purpose

Respect children's trust and well-being whilst being honest with them

Lead by example at all times

Always encourage good sportsmanship

Behave positively when at the club – shout encouragement, say 'well done'

Ensure your child understands their code of conduct

Use social media responsibly when talking about and sharing what goes on at the club. Behave the same way online as you would in person

Listen when your child says they don't want to do something